

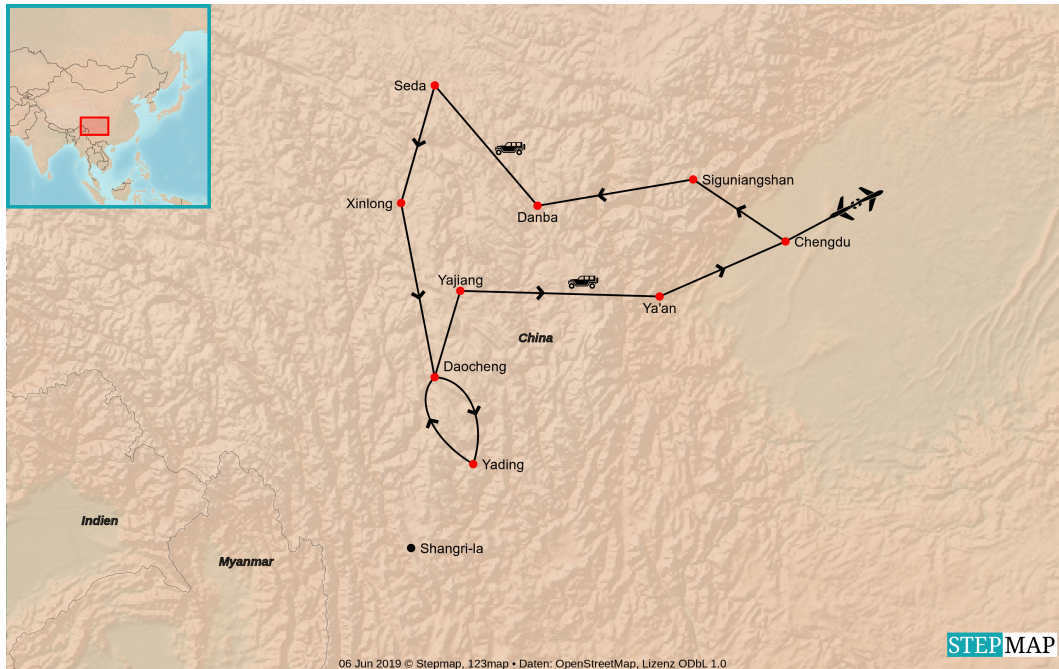


ALIDA Travel

上海安迅國際旅行社有限公司

**Explore "The Lost Horizon", the Grand West
Sichuan Tour (12 days)**

Day 1 Arrvial in Chengdu



Arrival in Chengdu. Meet and greet by your local guide. Transfer to hotel. Visiting the old downtown "Kuan Zhai Xiang Zi" and the People's Park

Day 2 Chengdu-Wolong-Siguniangshan



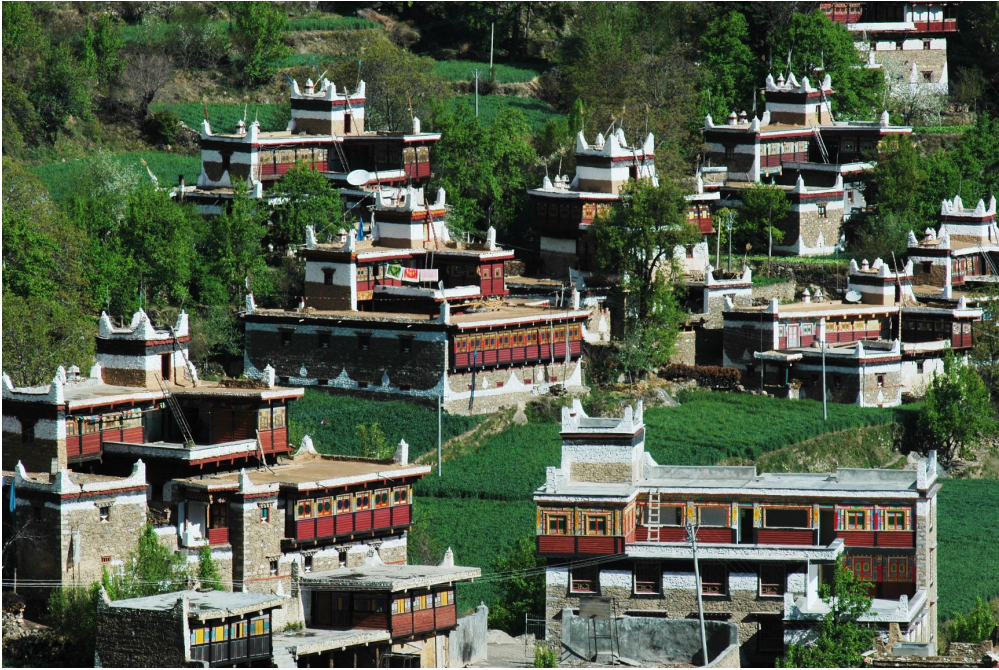
Car ride to Mt. Siguniangshan (223KM). En route visiting the ancient irrigation system in Dujiangyan and the Giant Panda breeding center in Wolong.

Day 3 Hiking in the pure nature



Siguniangshan means in Chinese 4-sister-mountain, because there are 4 peaks in a row. Whole-day trekking in the Changping valley, 16-25KM at the altitude of 3300m-3800m, to enjoy different sceneries of Snow mountain, Grassland and Forests.

Day 4 Siguniashan-Danba



Car ride to Danba (111KM). Danba is a beautiful place with unique fort-like buildings (Diaolous) and beautiful girls. The local tibetan people are called as "Jiarong Tribe". Visiting a Jiarong village of well-preseved Jiaolous.

Day 5 Danba-Seda



Car ride to Seda (383KM). En route visiting the Bamei Grassland and the Huiyuan Monastery, which was built in 1729 and once the residence of the 07th. Dalai Lama. Visiting the Buddhism College of Seda.

Day 6 Seda-Xinlong



Car ride to Xinlong (280KM). Xinlong was a hidden place due to extremely difficult traffic. Therefore this place remains authentic and untouristic. It lies in the valley of Yalong River, in form of lotus flower, surrounded by snow mountains. An ideal place for photographs.

Day 7 Xinlong-Daocheng



Car ride to Daocheng (310KM). En route visiting the Changqing Chunkeer Monastery in Litang, the place of reincarnation of the 07th. and 11th. Dalai Lama. Daocheng is regarded as the prototype of Paradise, which was depicted in the novel "the Lost Horizon".

Day 8 Daocheng-Yading



Drive to the Yading Nationalpark (120KM) and one day trekking tour (16KM) to the Three Holy Snow Mountains: Xiannairi, Yangmaiying and Xianuoduojie. The Tibetan people regard them as the manifestation of three most worshipped Buddhisatvas.

Day 9 Yading-Daocheng



Enjoy a breathtaking sunrise on the holy mountains. Afterwards drive back to Daocheng.

Day 10 Daocheng-Yajiang



Car ride to Yajiang (286KM) across two 4500m high passes along the famous Sichuan-Tibet highway. You will understand why this road is called as "Sky Road".

Day 11 Yajiang-Ya'an



Car ride to Ya'an (315KM). En route visiting Kangding, the city once marked the border of Tibetan Region. Near Kangding there stands the majestic Mt. Gongga, 7514m, the so-called "king of all mountains in Kham".

Day 12 Ya'an-Leshan-Chengdu Depart



Car ride to Chengdu (180KM). En route visiting the Giant Buddha Statue in Leshan. Transfer to airport and depart.