



# ALIDA Travel

上海安迅國際旅行社有限公司

**Culinary**

## Day 1 Arrival in Beijing



Welcome in Beijing. Meet and greet by your local tour guide and transfer to the hotel. Take a rest and free time at leisure.

## Day 2 Peking



The Imperial Tour to the Forbidden City, the Tiananmen Square and the Temple of Heaven.  
Taste Peking Ente at the famous restaurant "Da Dong".

### Day 3 Peking



Excursion to the Great Wall at the Mutianyu Section with return ropeways. Back to Beijing, take a foodie tour in Beijing's Icon Food Street "Xian Yu Kou".

## Day 4 Peking-Chengdu



Flight to Chengdu, a city not only famous because of Giant Panda, but also with its cuisine. Visiting the visiting the Old Town "Kuan Zhai Xiang Zi" and enjoy a typical Sichuan Hotpot.



## Day 5 Chengdu



Visiting a large spices market and afterwards transfer to the Sichuan Cuisine Museum for a private Cooking Class to learn some basic food processing skills, followed by a DIY lunch. In the afternoon, visiting the 2000-year old operating Irrigation System in Dujiangyan. Have a private dinner served by a local senior Chef.

## Day 6 Chengdu-Lijiang



Flight to Lijiang. Meet and greet by your local guide. Lijiang is not only a UNESCO World Heritage City, but also a place with different kinds of food, especially those of the local ethnic minorities. You can taste Naxi, Bai, Dai and tibetan Cuisine. Visiting the Black-Dragon-Pond Park and the former Residence of Regent MU and enjoy a traditional Naxi Dinner with preserved sausages and various mashrooms.

## Day 7 Lijiang-Tiger Leap Gorges-Lijiang



One day excursion to the Tiger Leap Gorges, one of the most imposant gorges in the world with an elevation of nearly 3000 meters. Enjoy a tibetan dinner with Yak meat and cheese dishes.



## Day 8 Lijiang-Shanghai



Excursion to 2 Naxi villages to explore their herbal drinks and delicacies. Flight to Shanghai in the afternoon.

## Day 9 Shanghai



A dynamic city tour to the observatory of the 650m high Shanghai Tower, the Old City, where you will taste Shanghai's famous Dim Sums (steamed and fried dumplings). In the afternoon strolling the former french colony, Shanghai's traditional residential district Shikumen.

## Day 10 Shanghai



Halfday SIM SUM cooking class to learn how to make dumpling with various fillings.  
Afterwards free time at leisure. Enjoy a dinner in fusion style with a stunning view of Pudong  
Skylines.

## Day 11 Depart



Transfer to airport. Depart.